

PRIMARY MENU



Week 1 w/c 15th April	PROUDLY MEAT FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Red Pepper Soup	Tomato & Basil	Broccoli & Cheddar	Leek & Potato
Main Meal	Tomato and Basil Pasta	Chicken Fajitas with Tortilla Chips	All Day Breakfast	Spaghetti & Meatballs	Fish Fingers with Chips & Garden Peas
Meat Free Main Meal	Vegetarian Chilli & Rice	Asian Noodles	Roasted Red Pepper Quiche	Twice Baked Jacket Potatoes	Welsh Rarebit
Side dish	Wholemeal Pasta/Rice	Wraps/Noodles	Toast	Wholemeal Spaghetti	Chips
Vegetable	Tomatoes	Onions, Peppers & Tomatoes	Mushrooms	Tomatoes	Peas
Dessert	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Barabritth

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

PRIMARY MENU



Week 2 w/c 22nd April	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
Main Meal	Wholemeal Pizza & Wedges	Spanish Chicken with Rice & Green Beans	Sausage & Mash with Gravy & Peas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Fingers with Chips & Garden Peas
Meat Free Main Meal	Meat Free Burritos	Vegetable & Lentil Stew	Tomato & Basil Pasta	Spanish Omelette with Salad	Veggie Sausage Roll
Side dish	Wedges	Whoegrain Rice	Mash	Wholemeal Spaghetti	Chips
Vegetable	Peppers	Green Beans	Peas	Onions	Garden Peas
Dessert	Fresh Fruit Salad	Flapjacks	Iced Sponge Cake & Custard	German Apple Cake	Cheese & Crackers

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PRIMARY LUNCH MENU



Week 3 w/c 29th April	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
Main Meal	Quorn Mince Cottage Pie	Chinese Chicken Curry with Rice & Prawn Crackers	Chef Daniel's Beef & Bean Quesadillas	Beef Stifado with Rice	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
Meat Free Main Meal	Broccoli & Cream Cheese Pasta Bake	Cherry Tomato Quiche	Vegetable & Lentil Stew	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread	Veggie Sausage Roll
Side dish	Mash	wholegrain Rice	wraps	wholegrain Rice	Chips
Vegetable	Onion	White Cabbage	Onions	Shallots	Peas
Dessert	Fresh Fruit Salad	Scones	Sponge Cake with Jam & Whipped Cream	Apple Turnovers	Cheese and Crackers

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PRIMARY LUNCH MENU



Week 4 w/c 6th May	PROUDLY MEAT FREE SUPPORTING Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Bank Holiday	Pea	Red Pepper Soup	Chef Choice	Chef Choice
Main Meal		Vegetable Curry & Rice	Carbonara Penne Pasta Bake with Peas & Garlic Bread	Sausage & Mash with Peas	Homemade Battered Fish, Chips & Beans
Meat Free Main Meal		Spanish Omelette with Salad	Vegetable & Rice Enchiladas	Falafel pittas	Veggie Sausage Roll
Side dish		Rice	wholemeal pasta	Mash	Chips
Vegetable		Cabbage	Tomatoes	Peas	Baked Beans
Dessert		German Apple Cake	Sticky Toffee Pudding	Shortbread	Rich 'Chocolate' Cookies

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Week 5 w/c 13th May	PROUDLY MEAT FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato and Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
Main Meal	Tomato & Basil Pasta	Ham Roast Dinner with Seasonal Vegetables & Roast Potatoes	Caribbean Beef Curry with Rice	Chef Choice	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
Meat Free Main Meal	Red Pepper Quiche	Vegetarian Chilli with Rice	pesto pasta	Chef Choice	Veggie Burger in a Bun with Chips
Side dish	wholemeal pasta	potatoes/Rice	Rice/Pasta	Chef Choice	Chips
Vegetable	Tomatoes	Carrots	Red Peppers	Chef Choice	Garden Peas
Dessert	Fresh Fruit Salad	Vanilla Cheesecake	Pineapple & Coconut Sponge	Chef Choice	Cheese and Crackers

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PRIMARY LUNCH MENU



Week 6 w/c 20th May	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
Main Meal	Cheesy Beans Pasta Bake	Corned Beef Hash	Chicken pie with Mash & Peas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
Meat Free Main Meal	Cherry Tomato & Cheese Quiche with Salad	Asian Noodles	Macaroni Cheese	Vegetarian Sausage Toasties	Veggie Fingers
Side dish	Wholemeal Pasta	Potatoes/Noodles	Mash	Wholemeal Spaghetti	Chips
Vegetable	Onions	Onions	Peas	Tomatoes	Mushy Peas
Dessert	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers

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