



St Patrick's Behaviour Guide

**BE KIND
STAY SAFE
WORK HARD**

How we want our children to feel?

How can we achieve this?

**SAFE
CALM
RESPECTED
LISTENED TO
TREATED FAIRLY**



**WALK SAFELY & QUIETLY
LISTEN IN CLASS
SPEAK KINDLY
TREAT OTHERS NICELY
DON'T DISTURB LEARNING
FOLLOW OUR RULES**

What will happen if I break our school rules?

- Most importantly, an adult will help you to understand what has happened and how your feelings may have affected your behaviour this might be done through 'Thinking Time'
- If you act unsafely, disturb learning, damage equipment or hurt others. You will be given opportunity to repair these actions by practicing being safe, repairing equipment or fixing relationships.
- Our main aim is to help you regulate and understand our behaviours and how they affect ourselves and those around us.

What can I do to help deal with my feelings?

Speak to an adult

Ask for help... you might need a calm space

Use 5 finger breathing

Step away from the situation