



PSHE, RSHE, PREVENT, First Aid, E-SAFETY, and Safeguarding Curriculum Map - Visitor led, and Teacher led

<u>Year Group</u>	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Whole School Themes</u>	School Mission, Values and Vision Family Mental health & Wellbeing Black History	Other Faiths Week - Judaism Antibullying Poppy Appeal Fire safety Eyes of World COP26 Children in Need Abolition of slavery Migrant Day	Peace Day E Safety Week Kindness Week Children's mental health	Neuro diversity Awe and Wonder of science Charity (Lent) Fairtrade Fortnight	Other Faiths Week - Islam and Hinduism Eco week International week (school family)	Refugee week Nelson Mandela Moving on (Transition) Faith Family
<u>Nursery</u>	Building relationships - Play with one or more children (Let's play shop) Self-Regulation - Develop sense of responsibility and membership to a community (It's your turn) Managing self - Talk with others to solve conflict (Who's playing) Develop appropriate ways of being assertive (Who's playing) PANTS - NSPCC Simple safety rules for using technological equipment in school, and who to tell if worried. Content will be appropriate to equipment and activities introduced, and age and stage of the children, but e-safety elements will be specifically taught each half term. Taught through computing	Building relationships - Become more outgoing with unfamiliar people, in the safe context of their setting (Good friends) Self-Regulation - Select and use activities and resources, with help when needed. (Make your Choice) Develop their sense of responsibility and membership of a community (Odd jobs) Managing self - Begin to understand how others might feel (Deafness)	Building relationships - Help to find solutions to conflicts and rivalries (Fair Shares) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. (Chatterbox) Managing self - Develop appropriate ways of being assertive	Building relationships - Help to find solutions to conflicts and rivalries (Class led) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. (Where I Live) Managing self - Begin to understand how others might be feeling (Deafness) Visit from local police force regarding road safety/stranger danger	Building relationships - Play with one or more children (Class led) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them (Well done) Increasingly follow rules, understanding why they are important (The Pantomime) Managing self - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried' (You Smell)	Building relationships - Become more outgoing with unfamiliar people, in the safe context of their setting (Class led) Self-Regulation - Show more confidence in new social situations (New Baby) Do not always need an adult to remind them of a rule (Waiting Game) Managing self - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried' (Class led) How to call for get help for our friends if they fall over?
<u>Reception</u>	Building relationships - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about... being smart! (I Like) Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) (Nan's House) Managing self - Show sensitivity to their own and to others' needs (ELG) It's all about... being smart (Hide and Seek) (One gold star) PANTS - NSPCC Simple safety rules for using technological equipment in school, and who to tell if worried. Content will be appropriate to equipment and activities introduced, and age and stage of the children, but e-safety elements will be specifically taught	Building relationships - Work and play cooperatively and take turns with others (ELG) It's all about... taking part! (It's your turn) Self-Regulation - Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG) It's all about... being smart! (Rainy days) Managing self - Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about... taking part! (What a problem) The wonder of being special and unique -To explore the wonder of being special and unique -To recognise the joy of being a special person in my family. -To recognise we are all different and unique.	Building relationships - Form positive attachments to adults and friendships with peers (ELG) It's all about... having heart! (An old friend) Self-Regulation - Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG) It's all about... being smart! (Class led) Managing self - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG) It's all about... taking part! (Taking the plunge) (Clean and tidy)	Building relationships - Show sensitivity to their own and to others' needs (ELG) It's all about... being smart! (I feel poorly) Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) It's all about... having heart! (Bully Boy) Managing self - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about... being smart! (Clean and Tidy)	Building relationships - Form positive attachments to adults and friendships with peers (ELG) It's all about... having heart! (Family Fun) (Eid Mubarak) Self-Regulation - Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about... being smart! (Piece of cake) Managing self - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about... being smart! (Getting in a	Building relationships - Show sensitivity to their own and to others' needs (ELG) It's all about... being smart! (Busy Body) Work and play cooperatively and take turns with others (ELG) It's all about... taking part (Playtime games) Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) It's all about... having heart! (The new pet) Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about... being smart! (A

	each half term. Taught through computing			Visit from local police force regarding road safety/stranger danger	knot) How to call for get help for our friends if they fall over?	piece of cake) Managing self - Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about... taking part! (What a problem) (Litter bug)
<u>Year 1</u>	PANTS - NSPCC Friendships -characteristics of friendships Rule/expectations -recognise why we have rules and their importance Friendships - in school and wider society we expected to be treated with respect etc Rule/expectations - class charter and how rules contribute to the life of the class Rule/expectations - Taking turns Internet safety - know people can be negative and behave differently. -Internet safety - learn about exciting places online whilst remaining safe	Feelings - use a variety of vocab to discuss emotions Happiness - know positive choices can lead to happiness. Anger - recognise, name and manage feelings in a positive way. Responses - recognise and communicate feelings to others. Opinions - explain opinions in a positive way, listening and working with others cooperatively. Good manners - learn about the conventions of courtesy and manners We meet god's love in our family to focus on growing up in a loving and secure family. -To recognise that I am loved in my family -To recognise how I am cared for and kept safe in my family -To celebrate ways God loves and cares for me. 2-Information literacy - searching the internet	Healthy eating - know that good choices about food will improve health and wellbeing Physical activity - Know the characteristics and mental and physical benefits of an active lifestyle Washing hands - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing Healthy eating - Know what constitutes a healthy diet (including understanding calories and other nutritional content) Emotional safety - Know where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions How to ask for help and support our friends? 3-Privacy & security - handling requests for personal information from online sites	Definitions - know the different types of bullying Unkindness - recognise how behaviours affect others. Behaviour - understand what bullying is and why is wrong Personal safety - learn the difference between secrets and surprises. Understand when it is acceptable to say no. Emotional safety - Know where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online). Learn about who to go to for help and advice Visit from local police force regarding people I can trust/ road safety 4-Information Literacy & Copyright / creative credit - taking ownership of their digital work, putting name and date on.	Lending/borrowing - • Understand the concept of 'borrowing' and Show responsibility to others Family - Know that families are important for children growing up because they can give love, security and stability Recognise that family and friends should care for each other Sharing Understanding the importance of sharing • Know that everyone has a responsibility to consider the needs others Caring - Understand that people and other living things have needs and that they have responsibilities to meet them Learn about responsibility to others Unkindness - Recognise what is kind and unkind behaviour • Understand that family and friends should care for each other 5 - relationships & communication - how emails can help connect families and communities.	Money - understand where money comes from Sun safety - • Know about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer. To understand the importance of sun safety To know how to keep safe in the sun Money • Understand the role of money in our society Road safety Learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe. Develop an awareness of the Green Cross Code Money Understand why it is important to keep money safe Visit from NatwestBank Manager (Vicki Gee) Trip to credit union Fact and opinion - • Understand the meaning and differences between 'fact' and 'opinion' • Learn that beliefs are kinds of opinions that should be accepted, but not necessarily adopted • Recognise and know how to deal with situations involving peer pressure • Recognise and respect similarities and differences between people
<u>Year 2</u>	PANTS - NSPCC Fair and unfair - Recognise what is fair and unfair • Learn to take part in discussions with the whole Our school - Understand our role in the class community • How to contribute to the life of the classroom Belonging - Understand that they belong to various groups and communities Belonging - Develop a sense of belonging in the wider community Friendships - • Know the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or	Co-operation Recognise the importance of listening to other people Understand the importance of being able to work cooperatively Understand the concept of negotiation Rights and wrongs - Understand the difference between right and wrong Consequences • Understand that all actions have consequences • To take responsibility for our actions • Learn from experiences • Recognise what is right and wrong and how behaviour affects other people Aspirations • Think about themselves, learn from experiences and recognise what they are good at Recognise choices that they can make and value their achievements	Dental hygiene - • Know about dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist. Learn about the importance of effective teeth cleaning and good dental hygiene Learn how to take care of teeth, in addition to brushing Understand the importance of dental hygiene Know the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Changing needs - Learn about how our needs change and grow as we develop Physical activity - • Understand how muscles work • Learn to make simple choices that improve their health and well-being Exercise • Know simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests Know the importance of building regular exercise into daily and weekly routines and how to achieve this	Behaviour - Understand that family and friends should care for each other Local citizenship - Understand the local community Behaviour - Know how to ask for advice or help for themselves or others, and to keep trying until they are heard Know about different types of bullying, the impact of bullying, responsibilities of bystanders and how to get help	Love - • Know that that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations Learn about the importance of love • Recognise, name and deal with their feelings in a positive way Money - Understand the importance of managing money carefully Sadness - • Know that that there is a normal range of

	<p>backgrounds), or make different choices or have different preferences or beliefs</p> <p>Learn about some similarities and differences between people from different countries and the importance of cross-cultural friendships</p> <p>Friendships - Learn about the importance of sharing as part of friendship and kindness</p> <p>1-Internet safety - choosing appropriate websites and avoiding unsuitable ones</p>	<p>How to set simple goals and targets for themselves</p> <p>Cooperation - • To take part in a simple debate about topical issues • Communicate their feelings to others</p> <p>• Share opinions and explain their views</p> <p>• Listen to other people and work co-operatively</p> <p>We meet God's love in our community</p> <p>To describe how we are growing and developing in diverse communities that are God given.</p> <p>To recognise the joy and friendship of belonging to diverse communities</p> <p>To describe ways of being safe in communities.</p> <p>To celebrate ways of meeting God in our communities.</p> <p>2-Digital footprint &reputation / privacy and security - nothing is completely deleted online and managing their digital footprint</p>	<p>Find out which foods are good for us</p> <p>• Understand the importance of a healthy lifestyle, including dental hygiene</p> <p>Drug safety - • Learn about the importance of medicine safety • Know that all household products , including medicines, can be harmful if not used properly</p> <p>Washing hands - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing</p> <p>Learn to eradicate germs and the spread of diseases by washing hands</p> <p>Importance of maintaining personal hygiene • Understand how germs spread infections and diseases</p> <p>Keeping clean - • Learn about the importance of and reasons for bathing and showering</p> <p>Understand the importance of maintaining personal hygiene</p> <p>3-Cyberbullying / Relationships & communication - explore meaning of cyberbullying and how to react if they encounter it</p> <p>Visit from dentist</p>	<p>Understand the importance of physical activity and rest as part of a balanced, healthy lifestyle</p> <p>Skin - Learn about the importance of and reasons for bathing and showering</p> <p>Understand the importance of maintaining personal hygiene</p> <p>Right or wrong - Recognise the difference between 'fact' and 'opinion'</p> <p>Recognise and know how to deal with situations involving confrontation.</p> <p>Recognise and respect similarities and differences between people</p> <p>Valuing Difference - • Understand the meanings of 'same' and 'different'</p> <p>• Recognise ways in which they are connected to each other</p> <p>• Understand that difference is a positive feature</p> <p>• Identify and respect similarities and differences between people</p> <p>Trip to athletics track</p> <p>How to ask for help?</p> <p>4-Information Literacy - keyword searching as effect method to locate information online</p>	<p>Understand who can help if someone is affected by bullying</p> <p>Understand that there are different types of bullying, that bullying is wrong and how to get help to deal with bullying</p> <p>Local citizenship - Develop a strong relationship within the local community</p> <p>Understand the importance of shared responsibility within all communities</p> <p>Responsibility - Learn to take responsibility for our actions</p> <p>Learn to be responsible for another living thing</p> <p>Teasing - • Learn strategies to cope with unfair teasing • Understand that there are different types of teasing and bullying</p> <p>Visit from local police force regarding people I can trust/ road safety</p> <p>5-Information Literacy - criteria for rating informal websites and impact of using poor quality websites and information.</p>	<p>emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations</p> <p>Understand and be aware of the different ways to show sadness</p> <p>Understand about coping with change and loss</p> <p>Choices - Understand the importance of choices and spending money wisely</p> <p>Emotions - • Know that that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations</p> <p>Learn about a range of different feelings and emotions</p> <p>Understand that it is acceptable to feel a range of emotions</p> <p>Enterprise - • Gain a basic understanding of enterprise</p> <p>Visit from Natwest</p>
Year 3	<p>PANTS - NSPCC</p> <p>E-Safety - Know the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them</p> <p>Know about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe</p> <p>Know how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private</p> <p>1-Privacy & security - use of passwords and creating strong, secure passwords</p> <p>Rules - • Understand why rules are needed in different situations</p> <p>Recognise that rules may need to be changed</p> <p>Thinking ahead - Understand why it is important to plan and think of potential consequences as a result of their actions</p> <p>Taking the lead - • Understand why it is important to behave responsibly</p>	<p>Friendship - • Know and understand the features of a good friend • Understand why it is important to be positive in relationships with others</p> <p>Know how important friendships are in making us feel happy and secure, and how people choose and make friends</p> <p>Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded</p> <p>Know and understand the features of a good friend</p> <p>Understand why it is important to be positive in relationships with others</p> <p>Know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right</p> <p>Know what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)</p> <p>Know and understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests</p>	<p>Physical, mental emotional health -</p> <p>Know that mental wellbeing is a normal part of daily life, in the same way as physical health</p> <p>Know and understand the difference between the terms physical, emotional and mental</p> <p>Become more self-aware</p> <p>Understand why setting goals is important</p> <p>Sleep - Know the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn</p> <p>Don't be a sheep? Understand the meaning and importance of resilience and courage</p> <p>Recognise and know how to deal with situations involving peer pressure</p> <p>Information Literacy- examine product websites and how their purpose is to sell items.</p>	<p>Clear messages - • Recognise that there are many ways to communicate</p> <p>Understand the need to communicate clearly</p> <p>Different communities -</p> <p>Understand why it is important to be part of a community</p> <p>Listening • Understand why it is important to listen to others Ci15</p> <p>Work co-operatively, showing fairness and consideration to others</p> <p>PW32 Talk about their views on issues that affect themselves and their class</p> <p>PW44 Empathise with another viewpoint</p> <p>School communities • Understand why it is important to be part of a community</p> <p>Show awareness of issues affecting communities and groups</p> <p>Recognise the importance of local organisations in providing for the needs of the local community Ci13</p> <p>Reflect on how people can take actions, make a positive contribution</p>	<p>Learning how to help - Recognise the importance of local organisations in providing for the needs of the local community</p> <p>Make decisions, giving consideration to the impact they may have on others</p> <p>Recognise and manage risk in everyday activities</p> <p>Take responsibility for their own safety and the safety of others and be able to seek help in an emergency</p> <p>Extend strategies to cope with risky situations</p> <p>Behave safely and responsibly in different situations</p> <p>Emergency calls Know how to make a clear and efficient call to emergency services if necessary</p> <p>Balanced approach</p> <p>Understand the meaning of the word 'healthy'</p> <p>HW16 Negotiate and present their own views</p> <p>PW37 Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p>	<p>Working together • Understand why it is important to listen to others</p> <p>Ci15 Work co-operatively, showing fairness and consideration to others</p> <p>PW31 Reflect on own mistakes and make amends</p> <p>Physical exercise • Know the risks associated with an inactive lifestyle (including obesity)</p> <p>Know the recommended guidelines for physical activity and understand the reasons for these</p> <p>HW12 Recognise the benefits of regular exercise and understand the benefits of different physical activities for promoting health</p> <p>PW33 Begin to make responsible choices and consider consequences</p> <p>Lifestyle goals - • Understand why it is important to work collaboratively</p> <p>Ci15 Work co-operatively, showing fairness and consideration to others</p> <p>HW22 Take the lead, prioritise actions and work independently and</p>

	<p>Recognise that actions have consequences</p> <p>Debate Lessons with Debate Academy</p>	<p>and experiences and support with problems and difficulties</p> <p>Understand why it is important to be positive in relationships with others Loss/separation - Know how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings</p> <p>How we live in love?</p> <p>To describe and give reasons how friendships make us feel happy and safe</p> <p>To describe and give reasons why friendships can break down, how they can be repaired and strengthened</p> <p>To celebrate the joy and happiness of living in friendships with God and others</p> <p>Bites and stings</p> <p>Relationships & communication - how online communications can bring communities and people together</p> <p>Debate Lessons with Debate Academy</p>		<p>and have a say in what happens, both locally and nationally</p> <p>Work independently and in groups, taking on different roles and collaborating towards common goals</p> <p>Recognise how new relationships may develop</p> <p>Relationship & communication - compare in-person and online communications and how to write clear, respectful messages online.</p> <p>Trip to the mosque</p>	<p>PW41 Begin to make informed lifestyle choices</p> <p>Visit from local police force regarding Gangs/ASB/People I can trust</p> <p>Relationships & communication - effective communication via email - the purpose and audience applicable to their tone.</p>	<p>collaboratively towards goals</p> <p>HW28 Respond to challenges, including recognising, taking and managing risk</p> <p>PW44 Empathise with another viewpoint</p> <p>Shared goals • Know how to identify ways to improve the environment</p> <p>Know how to spot problems and find ways of dealing with them</p> <p>Ci15 Work co-operatively, showing fairness and consideration to others</p> <p>PW28 Suggest how they can contribute to a range of activities that help them to become more enterprising</p> <p>Visit from Natwest</p>
<p><u>Year 4</u></p>	<p>PANTS - NSPCC</p> <p>Self-image & identity and Relationships & communication - responsible and respectful offline and online</p> <p>To use ICT safely including using software features and settings</p> <p>Know how information and data is shared and used online</p> <p>Know that for most people the internet is an integral part of life and has many benefits</p> <p>Know about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing</p> <p>Emergencies and calling for help</p> <p>Gender Stereotypes - • Know what a stereotype is, and how stereotypes can be unfair, negative or destructive</p> <p>Know and understand the terms 'discrimination' and 'stereotype'</p> <p>Challenge stereotypes relating to gender and work</p>	<p>Reactions</p> <p>Know how to recognise the difference between isolated hostile incidents and bullying</p> <p>Self-worth</p> <p>Understand what self-esteem is and why it is important</p> <p>Know how to communicate their opinions in a group setting</p> <p>Persistence and resilience</p> <p>Understand the terms 'resilience' and 'persistence' and why these character traits are important</p> <p>Feelings</p> <p>Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate</p> <p>Privacy &. security and information literacy - protecting identity from online theft, sharing information online.</p>	<p>Balanced diet</p> <p>Know what constitutes a healthy diet (including understanding calories and other nutritional content)</p> <p>Know where different foods come from</p> <p>PW37 Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p> <p>PW41 Begin to make informed lifestyle choices</p> <p>Working with food</p> <p>Know what constitutes a healthy diet (including understanding calories and other nutritional content)</p> <p>Know about and understand the function of different food groups for a balanced diet</p> <p>Know the principles of planning and preparing a range of healthy meals</p> <p>Work collaboratively towards common goals</p> <p>Reach agreements, make decisions and manage discussions to achieve positive results- Recognise stereotyping and discrimination - Identify the range of jobs carried out by the people they know</p> <p>Reflect on the range of skills needed in different jobs</p> <p>Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p>	<p>Loss separation</p> <p>Know that isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support</p> <p>Develop strategies for managing and controlling strong feelings and emotions</p> <p>Identify strategies to respond to negative behaviour constructively and ask for help</p> <p>Responding to others</p> <p>Understand why it is important to listen to others - Work co-operatively, showing fairness and consideration to others - Talk about their views on issues that affect themselves and their class</p> <p>Empathise with another viewpoint</p> <p>Expressing opinions</p> <p>Know how to communicate their opinions in a group setting</p> <p>Understand why it is important to listen to others</p> <p>Family changes</p> <p>Know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.</p> <p>Understand that family units can be different and can sometimes change</p> <p>Debate Lessons with Debate Academy</p> <p>God loves us in our differences.</p>	<p>Identifying strengths</p> <p>Understand that everyone has different strengths and weaknesses</p> <p>Know how to set realistic targets</p> <p>Setting goals</p> <p>Understand how to break down the steps needed to achieve a goal</p> <p>Recognise their strengths and how they can contribute to different groups</p> <p>Identify and talk about their own and others' strengths and weaknesses and how to improve</p> <p>Self-respect</p> <p>Learn about the importance of self-respect and how this links to their own happiness</p> <p>Visit from local police force regarding Gangs/ASB/People I can trust</p> <p>Building Courage and Resilience - Understand the meaning and importance of resilience and courage</p> <p>Recognise and know how to deal with situations involving peer pressure</p> <p>Creative credit & copyright / information literacy - using copy righted work is plagiarism - when and how its okay to use the work of others.</p>	<p>Connections</p> <p>Understand how we are all connected by our similarities</p> <p>Money choices/Managing money</p> <p>Learn about and reflect on their own spending habits / choices</p> <p>Understand why financial management and planning is important from a young age</p> <p>Family links</p> <p>Know that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up</p> <p>Know and understand how the make-up of family units can differ</p> <p>Religion</p> <p>Understand and appreciate the range of different cultures and religions represented within school</p> <p>• Learn about the need for tolerance for those of different faiths and beliefs</p> <p>Know what a stereotype is, and how stereotypes can be unfair, negative or destructive</p> <p>Understand the term 'diversity' and appreciate diversity within school</p> <p>Learn about the need for tolerance for those who are different from us</p> <p>Visit from Natwest</p>

			<p>Begin to make informed lifestyle choices</p> <p>Extreme reactions Recognise Extremism and radicalisation Identify why and how people are recruited into radicalised activity Identify some of the stereotypes relevant to radicalisation Identify the risks faced in relation to extremist activity Understand how they can lead to harm</p> <p>Trip to a restaurant</p> <p>Debate Lessons with Debate Academy</p> <p>Asthma</p> <p>Internet safety & cyberbullying – what actions can they take to stand up to cyberbullies</p>	<p>Information literacy – strategies to increase accuracy of searches.</p>		
<u>Year 5</u>	<p>PANTS - NSPCC</p> <p>Drugs Know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking</p> <p>Structure Understand why structure is needed in different situations Understand the term 'anarchy' and understand the implications of living in an anarchic society</p> <p>Alcohol Know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking</p> <p>Law and order Know and understand the meaning of the following:- democracy, sovereignty, dictatorship, government, monarchy</p> <p>UN rights Learn about organisations such as the United Nations Understand the importance and significance of equal rights</p> <p>Online relationships Know that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous Know how to critically consider their online friendships and sources of information including awareness of the</p>	<p>Community Understand the benefits of living in a diverse community and learn to celebrate diversity. Recognise that communities and the people within them are diverse, changing and interconnected</p> <p>Death and grief Know how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. Know about and understand the cyclic nature of life and how death is an inevitable part of this cycle</p> <p>Managing conflict Know how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed . Understand the need for empathy when peers are experiencing conflict at home</p> <p>Minority groups - Recognise individuality and celebrate differences. Identify and challenge stereotypes, including LGBT and other minority groups</p> <p>Visit from a local religious leader</p> <p>Relationships & communication / self-image & identity – common expectations to create a strong digital community.</p> <p>Debate Lessons with Debate Academy</p>	<p>Healthy lifestyles Know the characteristics and mental and physical benefits of an active lifestyle Understand the importance of making changes in adopting a more healthy lifestyle</p> <p>Tobacco Know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking</p> <p>Substance abuse Know the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking</p> <p>Knife Crime To understand some of the reasons why some young people choose to carry a knife To know the potential consequences of carrying a knife To know how young people can take steps to live knife-free To know that help and support is available</p> <p>Visit from school nurse</p> <p>Basic life support</p> <p>Privacy & security – what spam is and what form it takes. Strategies in dealing with spam.</p>	<p>Confidentiality Know the importance of permission-seeking and giving in relationships with friends, peers and adults. Recognise that there are many ways to communicate. Understand the need for confidentiality in certain situations</p> <p>Physical, mental and emotional wellbeing Know that mental wellbeing is a normal part of daily life, in the same way as physical health. Know about the basic synergy between physical, emotional and mental health</p> <p>Listening Know how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed Know and understand the importance of listening to others Understand the role of the listener in any relationship</p> <p>Zoom call with civil servant – official secrets act</p> <p>Information literacy – importance in citing sources when doing research. Writing bibliographical citations for online sources</p>	<p>Food choices • Know what constitutes a healthy diet (including understanding calories and other nutritional content) Know about the different food groups and their related importance as part of a balanced diet. Develop an awareness of their own dietary needs</p> <p>Physical contact • Know that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact Know about and understand the importance of touch in a range of contexts Know the difference between appropriate and inappropriate touches Know how to recognise and report feelings of being unsafe or feeling bad about any adult</p> <p>Cooking • Know what constitutes a healthy diet (including understanding calories and other nutritional content) Know how to cook and apply the principles of nutrition and healthy eating Prepare and cook with a variety of ingredients, using a range of cooking techniques</p> <p>Visit from a dietician</p> <p>God loves us in our changing and development.</p>	<p>Teamwork • Understand that there are many situations in which collaboration is necessary Understand the need to develop team work skills</p> <p>Shared goals • Recognise that there are many roles within a community. Understand the need to collaborate in a group situation</p> <p>Community Spirit • Recognise that there are many roles within a community Understand the need to collaborate in a group situation</p> <p>Basic First Aid Know concepts of basic first-aid, for example dealing with common injuries, including head injurie</p> <p>Child labour To know what child labour is To understand some of the causes and consequences To know some ways that we can help to eliminate child labour</p> <p>Visit from Natwest</p> <p>Bleeding</p> <p>Send me a Selfie</p>

	<p>risks associated with people they have never met Know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.</p> <p>Privacy & security - creating strong, secure password to increase online protection Emergencies and calling for help Debate Lessons with Debate Academy</p>				<p>Visit from a police force regarding online safety and hate crime Creative credit & copyright / information literacy / self image & identity - how photos can be altered online, the distortion of beauty and health through image manipulation.</p>	
Year 6	<p>PANTS - NSPCC Identifying Strengths Recognise their strengths and how they can contribute to different groups Identify and talk about their own and others' strengths and weaknesses and how to improve Self-assess, understanding how this will help their future actions Identify the skills they need to develop to make their own contribution in the working world in the future Setting Goals Work collaboratively towards common goals Recognise their strengths and how they can contribute to different groups Identify and talk about their own and others' strengths and weaknesses and how to improve Identify the skills they need to develop to make their contribution in the working world in the future Make connections between their learning, the world of work and their future economic wellbeing Begin to set personal goal Vulnerability - Recognise extremism and radicalisation Identify why and how people are recruited into radicalised activity Identify some of the stereotypes relevant to radicalisation Identify the risks faced in relation to extremist activity Understand how they can lead to harm Internet safety / relationships & communication - developing rewarding relationship online but not revealing private information.</p>	<p>Race and ethnicity Know the importance of self-respect and how this links to their own happiness Learn about racial discrimination and its impact on societies, past and present</p> <p>Gender stereotypes Know what a stereotype is, and how stereotypes can be unfair, negative or destructive Learn about gender discrimination and its impact</p> <p>Culture Know the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives. Learn about the importance of family within different cultures</p> <p>Relationships & communication / self image and identify - how to help resolve poor digital citizenship if they witness it</p> <p>Gang safety - James Riley</p>	<p>Marriage Know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong</p> <p>Healthy minds to know how and when to seek support including which adults to speak to in school if they are worried about their health to know that it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough</p> <p>Immunisation To know the facts and science relating to immunisation and vaccination</p> <p>Grassing and grooming programme Online interactive resource where the children will look at different scenarios and question; Motivation, how to ask for help?, Empowering the bystander and question whether it is grassing or grooming. Privacy & security - identify secure sites looking at privacy policies and settings Debate Lessons with Debate Academy</p>	<p>Healthy minds To know how and when to seek support including which adults to speak to in school if they are worried about their health • To know that it is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough</p> <p>Collaboration Understand that there are many situations in which collaboration is necessary • Understand the need to develop team work skills Recognise that there are many roles within a community • Understand the need to collaborate in a group situation</p> <p>Healthy Relationships • Know that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact • Know about and understand the importance of touch in a range of contexts • Know the difference between appropriate and inappropriate touches</p>	<p>Budgeting • Learn about budgeting and what it means to budget • Understand why financial management and planning is important from a young age</p> <p>Consumer sense • Know and understand financial terms such as loan, interest, tax and discount • Understand why aspirations are important in helping to plan for the future Know and understand financial terms such as loan, interest, tax and discount</p> <p>Terrorism Vulnerability - Recognise extremism and radicalisation Identify why and how people are recruited into radicalised activity Identify some of the stereotypes relevant to radicalisation Identify the risks faced in relation to extremist activity Understand how they can lead to harm Visit from a police force regarding online safety and hate crime Visit from Adam Ellison Foundation - knife crime Information literacy / self image & identity - explore the powerful role media plays in shaping our ideas.</p>	<p>Generating income • Know and understand the principles of enterprise • Understand profit and loss Know and understand the principles of charity work</p> <p>Enterprise - Children will take part in a careers carousel involving lots of different industry.</p> <p>Peer on Peer abuse To know what peer-on-peer abuse is and give examples of this:- physical and sexual abuse, sexual harassment and violence, emotional harm, on and offline bullying To understand some of the consequences of peer-on-peer abuse To know how to avoid getting involved with peer-on-peer abuse. To know how and where to get help</p> <p>The wonder of God's love in creating new life. Basic Life Support Visit from Natwest</p>

				<ul style="list-style-type: none">• Know how to recognise and report feelings of being unsafe or feeling bad about any adult <p>Know that relationships can change as a result of growing up</p> <p>Know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong</p> <p>Know that mental wellbeing is a normal part of daily life, in the same way as physical health</p> <ul style="list-style-type: none">• Know that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing <p>Basic life support</p> <p>Choking</p> <p>Cyberbullying / Relationships & communication - strategies to deal with cyberbullying and comparison with in person bullying</p> <p>Debate Lessons with Debate Academy</p>		
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E-Safety will be predominantly taught through computing.

Sexual harassment is taught from EYFS you will see this strand runs through in the positive relationships that our children are taught about. Relationships modelled by staff and members of our community. In Y5 children will learn about how to ensure you make the best choices when online and feel peer pressure (Send me a selfie). In Y6 the children will directly tackle the issue of Peer-on-Peer abuse.