

At St Patrick's Primary School, the safeguarding of children is of paramount importance. The school ensures children learn in a safe, caring, and enriching environment. Children are taught how to keep themselves safe, to develop positive and healthy relationships, how to avoid situations where they might be at risk including by being exploited.

The school also has a statutory responsibility to share any concerns it might have about a child in need of protection with other agencies and in particular police, health, and children's services. Schools are not able to investigate child protection concerns but have a legal duty to refer them. In most instances the school will be able to inform the parents/carer of its need to make a referral. However, sometimes the school is advised by children's services or police that the parent/carer cannot be informed whilst they investigate the matter or make enquires. We understand the anxiety parents/carers understandably feel when they are not told about any concerns from the outset. The school follows legislation that aims to act in the interests of the child.

The school will always seek to work in partnership with parents and other agencies to ensure the best possible outcomes for the child and family'

Safeguarding Team

- J Lewis (Head Teacher)
- H Jones (Designated Safeguarding Lead)
- P Price (Therapist)
- C McKenna (Pastoral Support Worker)
- M McCracken (Link Safeguarding Governor)
- D Fox (Chair of Governors)

Policies and procedures:

All policies and procedures can be found on our website https://stpatricksliverpool.co.uk/information/safeguarding/ We adhere to all our polices and ensure that all are protected.

Culture:

The school has a warm and open culture where children can freely speak, be listened to and feel safe. We encourage our children and parents to come to us and share any concerns that they have. Our children have healthy and positive relationships with staff and trust them to share. We include everyone in our community and ensure that all vulnerable groups are looked after and cared for to ensure that they can access the school. As a team we know that safeguarding is the responsibility of all.

<u>Attendance</u>:

We have tight attendance procedures which include ringing home if a child is absent, visiting the home, work with the local authority.

SEND and vulnerable:

We are aware that our SEND and vulnerable pupils can be more at risk. We ensure that the curriculum is tailored to their needs such as keeping healthy, how to ask for help and a huge focus on the PANTS rule. Some families also have EHATs in place to ensure that all needs are being met.

Training/Parent groups/family support:

School holds training for parents on things such as E-safety, online safety, grooming, mental health, and wellbeing. Staff on the gates every morning and night ensuring that all are safe happy and well.

Curriculum:

A carefully planned curriculum (see below) to look at the topics which are covered, and they grow in more detail as they go through the school. From nursery we have a strong focus on positive/healthy relationships as we know that this feeds into how they can view unsafe behaviours and identify when they may not be being treated very well. All children do online safety and we celebrate online safety day. The need for online safety has become more important due to the lockdowns.

Lockdown:

Families received phone calls from staff to ensure everyone was ok. Online meetings were held for pupils via teams. Some children attended school or a hub if it was deemed necessary for that child.



PSHE, RSHE, PREVENT, First Aid, E-SAFETY and Safequarding Curriculum Map - Visitor led, and Teacher led

<u>Year</u> Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Whole School Themes	School Mission, Values and Vision Family Mental health & Wellbeing Black History	Other Faiths Week - Judaism Antibullying Poppy Appeal Fire safety Eyes of World COP26 Children in Need Abolition of slavery Migrant Day	Peace Day E Safety Week Kindness Week Children's mental health	Neuro diversity Awe and Wonder of science Charity (Lent) Fairtrade Fortnight	Other Faiths Week - Islam and Hinduism Eco week International week (school family)	Refugee week Nelson Mandela Moving on (Transition) Faith Family
Nursery	Building relationships - Play with one or more children (Let's play shop) Self-Regulation - Develop sense of responsibility and membership to a community (It's your turn) Managing self - Talk with others to solve conflict (Who's playing) Develop appropriate ways of being assertive (Who's playing) PANTS - NSPCC Simple safety rules for using technological equipment in school, and who to tell if worried. Content will be appropriate to equipment and activities introduced, and age and stage of the children, but e-safety elements will be specifically taught each half term. Taught through computing	Building relationships - Become more outgoing with unfamiliar people, in the safe context of their setting (Good friends) Self-Regulation - Select and use activities and resources, with help when needed. (Make your Choice) Develop their sense of responsibility and membership of a community (Odd jobs) Managing self - Begin to understand how others might feel (Deafness)	Building relationships - Help to find solutions to conflicts and rivalries (Fair Shares) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. (Chatterbox) Managing self - Develop appropriate ways of being assertive	Building relationships - Help to find solutions to conflicts and rivalries (Class led) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. (Where I Live) Managing self - Begin to understand how others might be feeling (Deafness) Visit from local police force regarding road safety/stranger danger	Building relationships - Play with one or more children (Class led) Self-Regulation - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them (Well done) Increasingly follow rules, understanding why they are important (The Pantomime) Managing self - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried (You Smell)	Building relationships - Become more outgoing with unfamiliar people, in the safe context of their setting (Class led) Self-Regulation - Show more confidence in new social situations (New Baby) Do not always need an adult to remind them of a rule (Waiting Game) Managing self - Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried (Class led) How to call for get help for our friends if they fall over?
Reception	Building relationships - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about being smart! (I Like) Self-Regulation - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) (Nan's House) Managing self - Show sensitivity to their own and to others' needs (ELG) It's all about being smart (Hide and Seek) (One gold star) PANTS - NSPCC Simple safety rules for using technological equipment in school, and who to tell if worried. Content will be appropriate to equipment and activities introduced, and age and stage of the children, but e-safety elements will be specifically taught	Building relationships - Work and play cooperatively and take turns with others (ELG) It's all about taking part! (It's your turn) Self-Regulation - Set work towards simple goals, being able to wait for what they want and controltheir, immediate impulses when appropriate (ELG) It's all about being smart! (Rainy days) Managing self - Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about taking part! (What a problem) The wonder of being special and unique -To explore the wonder of being special and unique -To recognise the joy of being a special person in my family. -To recognise we are all different and unique.	Building relationships – Form positive attachments to adults and friendships with peers (ELG) It's all about having heart! (An old friend) Self-Regulation – Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG) It's all about being smart! (Class led) Managing self – Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG) It's all abouttaking part! (Taking the plunge) (Clean and tidy)	Building relationships - Show sensitivity to their own and to others' needs (ELG) It's all about being smart! (I feel poorly) Self-Regulation - Show an understanding of their own feelings and those of athers, and begin to regulate their behaviour accordingly (ELG) It's all about having heart! (Bully Boy) Managing self - Manage their own basic hygiene and personal needs, including dressing, going to the tgilet and understanding the importance of healthy food choices (ELG) It's all about being smart! (Clean and Tidy)	Building relationships - Form positive attachments to adults and friendships with peers (ELG) It's all about having heart! (Family Fun) (Eid Mubarack) Self-Regulation - Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about being smart! (Piece of cake) Managing self - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about being smart! (Getting in a	Building relationships - Show sensitivity to their own and to others' needs (ELG) It's all about being smart! (Busy Body) Work and play cooperatively and take turns with others (ELG) It's all about taking part (Playtime games) Self-Regulation - Show an understanding of their own feelings and those of athers, and begin to regulate their behaviour accordingly (ELG) It's all about having heart! (The new pet) Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about being smart! (A

	each half term. Taught through computing			Visit from local police force regarding road safety/stranger	knot) How to call for get help for	piece of cake) Managing self -
				danger	our friends if they fall over?	Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about taking part! (What a problem) (Litter bug)
Year 1	PANTS - NSPCC Friendships -characteristics of friendships Rule/expectations -recognise why we have rules and their importance Friendships - in school and wider society we expected to be treated with respect etc Rule/expectations - class charter and how rules contribute to the life of the class Rule/expectations - Taking turns Internet safety- know people can be negative and behave differentlyInternet safety - learn about exciting places online whilst remaining safe	Feelings - use a variety of vocab to discuss emotions Happiness - know positive choices can lead to happiness. Anger - recognise, name and manage feelings in a positive way. Responses - recognise and communicate feelings to others. Opinions - explain opinions in a positive way, listening and working with others cooperatively. Good manners - learn about the conventions of courtesy and manners We meet god's love in our family to focus on growing up in a loving and secure familyTo recognise that I am loved in my family -To recognise how I am cared for and kept safe in my family -To celebrate ways God loves and cares for me. 2-Information literacy - searching the internet	Healthy eating - know that good choices about food will improve health and wellbeing Physical activity - Know the characteristics and mental and physical benefits of an active lifestyle Washing hands - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing Healthy eating - Know what constitutes a healthy diet (including understanding calories and other nutritional content) Emotional safety - Know where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions How to ask for help and support our friends? 3-Privacy & security - handling requests for personal information from online sites	Definitions - know the different types of bullying Unkindness - recognise how behaviours affect others. Behaviour - understand what bullying is and why is wrong Personal safety - learn the difference between secrets and surprises. Understand when it is acceptable to say no. Emotional safety - Know where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online). Learn about who to go to for help and advice Visit from local police force regarding people I can trust/ road safety 4-Information Literacy & Copyright / creative credit - taking ownership of their digital work, putting name and date on.	Lending/borrowing - · Understand the concept of 'borrowing' and Show responsibility to others Family - Know that families are important for children growing up because they can give love, security and stability Recognise that family and friends should care for each other Sharing Understanding the importance of sharing - Know that everyone has a responsibility to consider the needs others Caring - Understand that people and other living things have needs and that they have responsibilities to meet them Learn about responsibility to others Unkindness - Recognise what is kind and unkind behaviour - Understand that family and friends should care for each other 5 - relationships & communication - how emails can help connect families and communities.	Money - understand where money comes from Sun safety - · Know about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer. To understand the importance of sun safety To know how to keep safe in the sun Money · Understand the role of money in our society Road safety Learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe. Develop an awareness of the Green Cross Code Money Understand why it is important to keep money safe Visit from Naturational Manager (Vicki Gee) Trip to credit union Fact and opinion - · Understand the meaning and differences between 'fact' and 'opinion' Learn that beliefs are kinds of opinions that should be accepted, but not necessarily adopted · Recognise and know how to deal with situations involving peer pressure · Recognise and respect similarities and differences between people
Year 2	PANTS - NSPCC Fair and unfair - Recognise what is fair and unfair - Recognise what is fair and unfair - Learn to take part in discussions with the whole Our school - Understand our role in the class community - How to contribute to the life of the classroom Belonging - Understand that they belong to various groups and communities Relonging - Develop a sense of belonging in the wider community Friendships - Know the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or	Co-operation Recognise the importance of listening to other people Understand the importance of being able to work cooperatively Understand the concept of negotiation Rights and wrongs - Understand the difference between right and wrong Consequences · Understand that all actions have consequences · To take responsibility for our actions · Learn from experiences · Recognise what is right and wrong and how behaviour affects other people Aspirations · Think about themselves, learn from experiences and recognise what they are good at Recognise choices that they can make and value their achievements	Dental hygiene - · Know about dental health and the benefits of good oral hygiene and dental flossing, including regular checkups at the dentist. Learn about the importance of effective teeth cleaning and good dental hygiene Learn how to take care of teeth, in addition to brushing Understand the importance of dental hygiene Know the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Changing needs - Learn about how our needs change and grow as we develop Physical activity - Understand how muscles work Learn to make simple choices that improve their health and well-being Exercise Know simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests Know the importance of building regular exercise into daily and weekly routines and how to achieve this Understand the importance of physical activity and rest as part of a balanced, healthy lifestyle	Behaviour - Understand that family and friends should care for each other Local citizenship - Understand the local community Behaviour - Know how to ask for advice or help for themselves or others, and to keep trying until they are heard Know about different types of bullying, the impact of bullying, responsibilities of bystanders and how to get help Understand who can help if someone is affected by bullying	Love - · Know that that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations Learn about the importance of love · Recognise, name and deal with their feelings in a positive way Money - Understand the importance of managing money carefully Sadness - · Know that that there is a normal range of

backgrounds), or make different choices or have different preferences or beliefs Learn about some similarities and differences between people from different countries and the importance of cross-cultural friendships

Friendships - Learn about the importance of sharing as part of friendship and kindness

1-Internet safety - choosing appropriate websites and avoiding unsuitable ones

How to set simple goals and targets for themselves

Cooperation - · To take part in a simple debate about topical issues · Communicate their feelings to others

Share opinions and explain their views
 Listen to other people and work cooperatively

We meet God's love in our community
To describe how we are growing and developing
in diverse communities that are God given.
To recognise the joy and friendship of
belonging to diverse communities
To describe ways of being safe in communities.
To celebrate ways of meeting God in our
communities.

2-Digital footprint &reputation / privacy and security - nothing is completely deleted online and managing their digital footprint Find out which foods are good for us

 Understand the importance of a healthy lifestyle, including dental hygiene

Drug safety - Learn about the importance of medicine safety · Know that all household <u>products</u>, including medicines, can be harmful if not used properly

Washing hands - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing Learn to eradicate germs and the spread of diseases by washing hands

Importance of maintaining personal hygiene • Understand how germs spread infections and diseases

Keeping clean - · Learn about the importance of and reasons for bathing and showering Understand the importance of maintaining personal hygiene 3-Cyberbullying / Relationships a communication - explore meaning of cyberbullying and how to react if they encounter it Visit from dentist

Skin - Learn about the importance of and reasons for bathing and showering

Understand the importance of maintaining personal hygiene

Right or wrong - Recognise the difference between 'fact' and 'opinion'

Recognise and know how to deal with situations involving confrontation. Recognise and respect similarities and differences between people

Valuing Difference - · Understand the meanings of 'same' and 'different'

- Recognise ways in which they are connected to each other
- Understand that difference is a positive feature
- Identify and respect similarities and differences between people

Trip to athletics track
How to ask for help?

4-Information Literacy - keyword
searching as effect method to locate
information online.

Understand that there are different types of bullying, that bullying is wrong and how to get help to deal with bullying

Local citizenship - Develop a strong relationship within the local community Understand the importance of shared responsibility within all communities

Responsibility - Learn to take responsibility for our actions Learn to be responsible for another living thing

Teasing - · Learn strategies to cope with unfair teasing · Understand that there are different types of teasing and bullying

Visit from local police force regarding people I can trust/ road safety

5-Information Literacy – criteria for rating informal websites and impact of using poor quality websites and information.

emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations
Understand and be aware of the different ways to show

sadness Understand about coping with

change and loss

Choices - Understand the importance of choices and

spending money wisely
Emotions - * Know that that
there is a normal range of
emotions (e.g. happiness,
sadness, anger, fear, surprise,
nervousness) and scale of
emotions that all humans
experience in relation to
different experiences and
situations
Learn about a range of
different feelings and
emotions

Understand that it is acceptable to feel a range of emotions

Enterprise - · Gain a basic understanding of enterprise

Visit from Notwest

Year 3 PANTS - NSPCC

E-Safety - Know the rules and principles for keeping safe online, how to recognise risks, harmful <u>content</u> and contact, and how to report them

Know about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe Know how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private

1-Privacy & security - use of passwords and creating strong, secure passwords

Rules - · Understand why rules are needed in different situations Recognise that rules may need to be changed

Thinking ahead - Understand why it is important to plan and think of potential consequences as a result of their actions Taking the lead - Understand why it is important to behave responsibly

Friendship - · Know and understand the features of a good friend · Understand why it is important to be positive in relationships with others

Know how important friendships are in making us feel happy and secure, and how people choose and make friends

Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

Know and understand the features of a good friend

Understand why it is important to be positive relationships with others
Know that most friendships have ups and

Know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right

Know what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)

Know and understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests

Physical, mental emotional health -

Know that mental wellbeing is a normal part of daily life, in the same way as physical health Know and understand the difference between the tarmaphysical, emotional and mental Become more self-aware Understand why setting goals is

important

Sleep - Know the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn

Don't be a sheep? Understand the meaning and importance of resilience and courage Recognise and know how to deal with situations involving peer pressure.

Information Literacy- examine product websites and how their purpose is to sell items.

Clear messages - · Recognise that there are many ways to communicate Understand the need to communicate clearly

Different communities - Understand why it is important to be part of a community

Listening · Understand why it is important to listen to others G15 Work co-operatively, showing fairness and consideration to others PW32 Talk about their views on issues that affect themselves and their class

PW44 Empathise with another viewpoint

School communities · Understand why it is important to be part of a community Show awareness of issues affecting

communities and groups
Recognise the importance of local
organisations in providing for the
needs of the local community Ci13
Reflect on how people can take
actions, make a positive contribution

the importance of local organisations in providing for the needs of the local community Make decisions, giving consideration to the impact they may have on others Recognise and manage risk in everyday activities Take responsibility for their own safety and the safety of others and be able to seek help in an emergency Extend strategies to cope with risky situations Behave safely and responsibly in different situations Emergency calls Know how to make a clear and efficient call to emergency services if

Learning how to help - Recognise

Balanced approach

Understand the meaning of the word 'healthy' HW16 Negotiate and present their own views PW37 Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle

Working together · Understand why it is important to listen to others Ci15 Work co-operatively, showing fairness and consideration to others PW31 Reflect on own mistakes and

make amends Physical exercise · Know the risks associated with an inactive lifestyle (including obesity) Know the recommended guidelines for physical activity and understand the reasons for these HW12 Recognise the benefits of regular exercise and understand the benefits of different physical activities for promoting health PW33 Begin to make responsible choices and consider consequences Lifestyle goals - · Understand why it is important to work collaboratively Ci15 Work co-operatively, showing fairness and consideration to others

HW22 Take the lead, prioritise actions and work independently and

backgrounds), or make different choices or have different preferences or beliefs Learn about some similarities and differences between people from different countries and the importance of cross-cultural friendships

Friendships - Learn about the importance of sharing as part of friendship and kindness

1-Internet safety - choosing appropriate websites and avoiding unsuitable ones

How to set simple goals and targets for themselves

Cooperation - · To take part in a simple debate about topical issues · Communicate their feelings to others

Share opinions and explain their views
 Listen to other people and work cooperatively

We meet God's love in our community
To describe how we are growing and developing
in diverse communities that are God given.
To recognise the joy and friendship of
belonging to diverse communities
To describe ways of being safe in communities.
To celebrate ways of meeting God in our
communities.

2-Digital footprint &reputation / privacy and security - nothing is completely deleted online and managing their digital footprint Find out which foods are good for us

 Understand the importance of a healthy lifestyle, including dental hygiene

Drug safety - Learn about the importance of medicine safety · Know that all household <u>products</u>, including medicines, can be harmful if not used properly

Washing hands - Know about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing Learn to eradicate germs and the spread of diseases by washing hands

Importance of maintaining personal hygiene • Understand how germs spread infections and diseases

Keeping clean - · Learn about the importance of and reasons for bathing and showering Understand the importance of maintaining personal hygiene 3-Cyberbullying / Relationships a communication - explore meaning of cyberbullying and how to react if they encounter it Visit from dentist

Skin - Learn about the importance of and reasons for bathing and showering

Understand the importance of maintaining personal hygiene

Right or wrong - Recognise the difference between 'fact' and 'opinion'

Recognise and know how to deal with situations involving confrontation. Recognise and respect similarities and differences between people

Valuing Difference - · Understand the meanings of 'same' and 'different'

- Recognise ways in which they are connected to each other
- Understand that difference is a positive feature
- Identify and respect similarities and differences between people

Trip to athletics track
How to ask for help?

4-Information Literacy - keyword
searching as effect method to locate
information online.

Understand that there are different types of bullying, that bullying is wrong and how to get help to deal with bullying

Local citizenship - Develop a strong relationship within the local community Understand the importance of shared responsibility within all communities

Responsibility - Learn to take responsibility for our actions Learn to be responsible for another living thing

Teasing - · Learn strategies to cope with unfair teasing · Understand that there are different types of teasing and bullying

Visit from local police force regarding people I can trust/ road safety

5-Information Literacy – criteria for rating informal websites and impact of using poor quality websites and information.

emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations
Understand and be aware of the different ways to show

sadness Understand about coping with

change and loss

Choices - Understand the importance of choices and

spending money wisely
Emotions - * Know that that
there is a normal range of
emotions (e.g. happiness,
sadness, anger, fear, surprise,
nervousness) and scale of
emotions that all humans
experience in relation to
different experiences and
situations
Learn about a range of
different feelings and
emotions

Understand that it is acceptable to feel a range of emotions

Enterprise - · Gain a basic understanding of enterprise

Visit from Notwest

Year 3 PANTS - NSPCC

E-Safety - Know the rules and principles for keeping safe online, how to recognise risks, harmful <u>content</u> and contact, and how to report them

Know about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe Know how to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private

1-Privacy & security - use of passwords and creating strong, secure passwords

Rules - · Understand why rules are needed in different situations Recognise that rules may need to be changed

Thinking ahead - Understand why it is important to plan and think of potential consequences as a result of their actions Taking the lead - Understand why it is important to behave responsibly

Friendship - · Know and understand the features of a good friend · Understand why it is important to be positive in relationships with others

Know how important friendships are in making us feel happy and secure, and how people choose and make friends

Know that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded

Know and understand the features of a good friend

Understand why it is important to be positive relationships with others
Know that most friendships have ups and

Know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right

Know what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)

Know and understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests

Physical, mental emotional health -

Know that mental wellbeing is a normal part of daily life, in the same way as physical health Know and understand the difference between the tarmaphysical, emotional and mental Become more self-aware Understand why setting goals is

important

Sleep - Know the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn

Don't be a sheep? Understand the meaning and importance of resilience and courage Recognise and know how to deal with situations involving peer pressure.

Information Literacy- examine product websites and how their purpose is to sell items.

Clear messages - · Recognise that there are many ways to communicate Understand the need to communicate clearly

Different communities - Understand why it is important to be part of a community

Listening · Understand why it is important to listen to others G15 Work co-operatively, showing fairness and consideration to others PW32 Talk about their views on issues that affect themselves and their class

PW44 Empathise with another viewpoint

School communities · Understand why it is important to be part of a community Show awareness of issues affecting

communities and groups
Recognise the importance of local
organisations in providing for the
needs of the local community Ci13
Reflect on how people can take
actions, make a positive contribution

the importance of local organisations in providing for the needs of the local community Make decisions, giving consideration to the impact they may have on others Recognise and manage risk in everyday activities Take responsibility for their own safety and the safety of others and be able to seek help in an emergency Extend strategies to cope with risky situations Behave safely and responsibly in different situations Emergency calls Know how to make a clear and efficient call to emergency services if

Learning how to help - Recognise

Balanced approach

Understand the meaning of the word 'healthy' HW16 Negotiate and present their own views PW37 Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle

Working together · Understand why it is important to listen to others Ci15 Work co-operatively, showing fairness and consideration to others PW31 Reflect on own mistakes and

make amends Physical exercise · Know the risks associated with an inactive lifestyle (including obesity) Know the recommended guidelines for physical activity and understand the reasons for these HW12 Recognise the benefits of regular exercise and understand the benefits of different physical activities for promoting health PW33 Begin to make responsible choices and consider consequences Lifestyle goals - · Understand why it is important to work collaboratively Ci15 Work co-operatively, showing fairness and consideration to others

HW22 Take the lead, prioritise actions and work independently and

	Recognise that actions have consequences Debate Lessons with Debate Academy	and experiences and support with problems and difficulties Understand why it is important to be positive in relationships with others Loss/separation - Know how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings How we live in love? To describe and give reasons how friendships make us feel happy and safe To describe and give reasons why friendships can break down, how they can be repaired and strengthened To celebrate the joy and happiness of living in friendships with God and others Bites and stings Relationships & communication - how online communications can bring communities and people together Debate Lessons with Debate Academy		and have a say in what happens, both locally and nationally Work independently and in groups, taking on different roles and collaborating towards common goals Recognise how new relationships may develop Relationship & communication - compare in-person and online communications and how to write clear, respectful messages online. Trip to the mosque	PW41 Begin to make informed lifestyle choices Visit from local police force regarding Gangs/ASB/People I can trust Relationships & communication - effective communication via email - the purpose and audience applicable to their tone.	collaboratively towards goals HW28 Respond to challenges, including recognising, taking and managing risk PW44 Empathise with another viewpoint Shared goals · Know how to identify ways to improve the environment Know how to spot problems and find ways of dealing with them Ci15 Work co-operatively, showing fairness and consideration to others PW28 Suggest how they can contribute to a range of activities that help them to become more enterprising Visit from Notwest
Year-4	PANTS - NSPCC Self-image & identity and Relationships & communication - responsible and respectful offline and online To use ICT safely including using software features and settings Know how information and data is shared and used online Know that for most people the internet is an integral part of life and has many benefits Know about the benefits of rationing time spent online, the risks of excessive time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing Emergencies and calling for help Gender Stereotypes - Know what a stereotype is, and how stereotypes can be unfair, negative or destructive Know and understand the terms 'discrimination' and 'stereotype' Challenge stereotypes relating to gender and work	Reactions Know how to recognise the difference between isolated hostile incidents and bullying Self-worth Understand what self-esteem is and why it is important Know how to communicate their opinions in a group setting Persistence and resilience Understand the terms 'resilience' and 'persistence' and why these character traits are important Feelings Know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate Privacy &. security and information literacy -protecting identity from online theft, sharing information online.	Balanced diet Know what constitutes a healthy diet (including understanding calories and other nutritional content) Know where different foods come from PW37 Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle PW41 Begin to make informed lifestyle choices Working with food Know what constitutes a healthy diet (including understanding calories and other nutritional content) Know about and understand the function of different food groups for a balanced diet Know the principles of planning and preparing a range of healthy meals Work collaboratively towards common goals Reach agreements, make decisions and manage discussions to achieve positive results- Recognise stereotyping and discrimination - Identify the range of jobs carried out by the people they know Reflect on the range of skills needed in different jobs Explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle	Loss separation Know that isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support Develop strategies for managing and controlling strong feelings and emotions Identify strategies to respond to negative behaviour constructively and ask for help Responding to others Understand why it is important to listen to others - Work cooperatively, showing fairness and consideration to others - Talk about their views on issues that affect themselves and their class Empathise with another viewpoint Expressing opinions Know how to communicate their opinions in a group setting Understand why it is important to listen to others Family changes Know that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. Understand that family units can be different and can sometimes change Debate Lessons with Debate Academy God loves us in our differences.	Identifying strengths Understand that everyone has different strengths and weaknesses Know how to set realistic targets Setting goals Understand how to break down the steps needed to achieve a goal Recognise their strengths and how they can contribute to different groups Identify and talk about their own and others' strengths and weaknesses and how to improve Self-respect Learn about the importance of self-respect and how this links to their own happiness Visit from local police force regarding Gangs/ASB/People I can trust Building Courage and Resilience - Understand the meaning and importance of resilience and courage Recognise and know how to deal with situations involving peer pressure Creative credit & copyright / Information literacy - using copy righted work is plagiarism - when and how its okay to use the work of others.	Connections Understand how we are all connected by our similarities Money choices/Managing money Learn about and reflect on their own spending habits / choices Understand why financial management and planning is important from a young age Family links Know that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up Know and understand how the make-up of family units can differ Religion Understand and appreciate the range of different cultures and religions represented within school Learn about the need for tolerance for those of different faiths and beliefs Know what a stereotype is, and how stereotypes can be unfair, negative or destructive Understand the term 'diversity' and appreciate diversity within school Learn about the need for tolerance for those who are different from us

			Begin to make informed lifestyle	Information literacy - strategies to		
			choices	increase accuracy of searches.		
			Extreme reactions Recognise	·		
			Extremism and radicalisation			
			Identify why and how people are			
			recruited into radicalised activity			
			Identify some of the stereotypes			
			relevant to radicalisation			
			Identify the risks faced in relation			
			to extremist activity			
			Understand how they can lead to			
			harm			
			T-3- 4			
			Trip to a restaurant Debate Lessons with Debate			
			Academy			
			Asthma			
			Internet safety & cyberbullying -			
			what actions can they take to stand			
			up to cyberbullies			
			, ,			
Year 5	PANTS - NSPCC	Community Understand the benefits of living in	Healthy lifestyles Know the	Confidentiality Know the importance	Food choices · Know what	Teamwork · Understand that there
	Drugs Know the facts about legal and	a diverse community and learn to celebrate	characteristics and mental and	of permission-seeking and giving in	constitutes a healthy diet	are many situations in which
	illegal harmful substances and associated	diversity. Recognise that communities and the	physical benefits of an active	relationships with friends, peers and	(including understanding calories	collaboration is necessary
	risks, including smoking, alcohol use and	people within them are diverse, changing and	lifestyle Understand the	adults. Recognise that there are	and other nutritional content)	Understand the need to develop
	drug-taking	interconnected	importance of making changes in	many ways to communicate.	Know about the different food	team work skills
	a		adopting a <u>more healthy</u> lifestyle	Understand the need for	groups and their related	
	Structure	Death and grief Know how to recognise and talk		confidentiality in certain situations	importance as part of a balanced	Shared goals · Recognise that
	Understand why structure is needed in	about their emotions, including having a varied	Tobacco Know the facts about legal		diet. Develop an awareness of	there are many roles within a
	different situations	vocabulary of words to use when talking about	and illegal harmful substances and	Physical, mental and emotional	their own dietary needs	community. Understand the need to
	Understand the term 'anarchy' and	their own and others' feelings. Know about and	associated risks, including smoking,	wellbeing Know that mental wellbeing		collaborate in a group situation
	understand the implications of living in an anarchic society	understand the cyclic nature of life and how death is an inevitable part of this cycle	alcohol use and drug-taking	is a normal part of daily life, in the	Physical contact · Know that each	
	andrenic society	death is an inevitable part of this cycle	Cut aturns aturns	same way as physical health. Know	person's body belongs to them, and the differences between	Community Spirit · Recognise that
	Alcohol Know the facts about legal and	Managing conflict Know how to recognise if	Substance abuse Know the facts about legal and	about the basic synergy between	appropriate and inappropriate or	there are many roles within a
	illegal harmful substances and associated	family relationships are making them feel	illegal harmful substances and	physical, emotional and mental health	unsafe physical, and other,	community Understand the need to
	risks, including smoking, alcohol use and	unhappy or unsafe, and how to seek help or	associated risks, including smoking,	Listening Know how to recognise who	contact Know about and	collaborate in a group situation Basic First Aid Know concepts of
	drug-taking	advice from others if needed. Understand the	alcohol use and drug-taking	to trust and who not to trust, how to	understand the importance of	basic first aid know concepts of
		need for empathy when peers are experiencing		judge when a friendship is making	touch in a range of contexts Know	with common injuries, including
	Law and order	conflict at home	Knife Crime To understand some of	them feel unhappy or uncomfortable,	the difference between	head injurie
	Know and understand the meaning of the		the reasons why some young people	managing conflict, how to manage	appropriate and inappropriate	node injurio
	fellowing:	Minority groups - Recognise individuality and	choose to carry a knife To know the	these situations and how to seek help	touches Know how to recognise	Child labour
	democracy, sovereignty, dictatorship,	celebrate differences. Identify and challenge	potential consequences of carrying	or advice from others, if needed	and report feelings of being	To know what child labour is
	government, monarchy	stereotypes, including LGBT and other minority	a knife To know how young people	Know and understand the importance	unsafe or feeling bad about any	To understand some of the causes
		groups	can take steps to live knife-free To	of listening to others Understand	adult	and consequences
[UN rights		know that help and support is	the role of the listener in any		To know some ways that we can
	Learn about organisations such as the	Visit from a local religious leader	available	relationship	Cooking · Know what constitutes a	help to eliminate child labour
	United Nations	Relationships & communication / self-image & identity - common expectations to create a	Mark to an art of the same		healthy diet (including	Visit from Natwest
	Understand the importance and significance of equal rights	strong digital community.	Visit from school nurse	Zoom call with civil servant - official	understanding calories and other	Bleeding
	significance of equal rights	Debate Lessons with Debate Academy	Basic life support	secrets act	nutritional content) Know how to	Send me a Selfie
	Online relationships	Debute Lessons with Debute Academy	Privacy & security - what spam is		cook and apply the principles of	
	Know that the same principles apply to		and what form it takes. Strategies in dealing with spam.	Information literacy - importance in	nutrition and healthy eating	
	online relationships as to face-to-face		in acumy with spani.	citing sources when doing research.	<u>Prepare</u> and cook with a variety of ingredients, using a range of	
	relationships, including the importance of			Writing bibliographical citations for	ingredients, using a range of cooking techniques	
	respect for others online including when			online sources	cooking rechniques	
	we are anonymous					
	Know how to critically consider their				Visit from a dietician	
	online friendships and sources of				God loves us in our changing and	
	information including awareness of the				development.	
	-			1	астогоријент,	

risks associated with people they have Visit from a police force regarding never met online safety and hate crime Know that the internet can also be a Creative credit & copyright / information literacy / self image & negative place where online abuse. trolling, bullying and harassment can take identity - how photos can be place, which can have a negative impact altered online, the distortion of on mental health. beauty and health through image manipulation. Privacy & security - creating strong, secure password to increase online protection Emergencies and calling for help Debate Lessons with Debate Academy Year 6 PANTS - NSPCC Race and ethnicity Marriage Know that marriage Healthy minds To know how and **Budgeting** · Learn about budgeting Generating income · Know and Identifying Strengths Recognise their represents a formal and legally and what it means to budget . understand the principles of Know the importance of self-respect and how when to seek support including recognised commitment of two Understand why financial enterprise strengths and how they can contribute to this links to their own happiness which adults to speak to in different groups Learn about racial discrimination and its impacpeople to each other which is management and planning is · Understand profit and loss Know school if they are worried Identify and talk about their own and on societies, past and present intended to be lifelong important from a young age and understand the principles of about their health others' strengths and weaknesses and charity work Gender stereotypes Consumer sense Healthy minds to know how and how to improve Self-assess. To know that it is common · Know and understand financial understanding how this will help their Know what a stereotype is, and how when to seek support including Enterprise - Children will take part for people to experience terms such as loan, interest, tax future actions Identify the skills they stereotypes can be unfair, negative or which adults to speak to in school is in a careers carousel involving lots mental ill health. For many destructive Learn about gender discrimination and discount need to develop to make their own they are worried about their health of different industry. people who do, the problems contribution in the working world in the and its impact · Understand why aspirations are to know that it is common for important in helping to plan for can be resolved if the right people to experience mental ill Peer on Peer abuse To know what Setting Goals Work collaboratively health. For many people who do, the Culture Know the characteristics of healthy the future peer-on-peer abuse is and give support is made available, Know and understand financial towards common goals Recognise their family life, commitment to each other, including problems can be resolved if the examples of this:- physical and especially if accessed early strengths and how they can contribute to terms such as loan, interest, tax. in times of difficulty, protection and care for right support is made available. sexual abuse, sexual harassment enough and discount different groups children and other family members, the especially if accessed early enough and violence, emotional harm. on Identify and talk about their own and importance of spending time together and and offline bullying To understand Terrorism Vulnerability others' strengths and weaknesses and sharing each other's lives. Learn about the Collaboration Understand that Immunisation To know the facts some of the consequences of peerhow to improve importance of family within different cultures Recognise extremism and and science relating to immunisation there are many situations in on-peer abuse To know how to avoid Identify the skills they need to develop radicalisation and vaccination getting involved with peer-on-peer which collaboration is to make their contribution in the working Relationships & communication / self image and Identify why and how people are abuse. To know how and where to necessary identify - how to help resolve poor digital recruited into radicalised activity world in the future Make connections Grassing and grooming programme get help citizenship if they witness it Understand the need to between their learning, the world of work Identify some of the stereotypes Online interactive resource where relevant to radicalisation and their future economic wellbeing develop team work skills the children will look at different Gang safety - James Riley Identify the risks faced in Begin to set personal goal The wonder of God's love in scenarios and question; Motivation, Recognise that there are many Vulnerability - Recognise extremism and relation to extremist activity how to ask for help? Empowering creating new life. roles within a community Understand how they can lead to radicalisation the bystander and auestion Basic Life Support · Understand the need to Identify why and how people are harm Visit from Notwest whether it is grassing or grooming collaborate in a group recruited into radicalised activity Visit from a police force regarding Privacy & security - identify secure Identify some of the stereotypes online safety and hate crime situation sites looking at privacy policies and Visit from Adam Ellison relevant to radicalisation settings Identify the risks faced in relation to Foundation - knife crime Debate Lessons with Debate Healthy Relationships . Know that extremist activity Information literacy / self image Academy each person's body belongs to Understand how they can lead to harm & identity - explore the powerful them, and the differences Internet safety / relationships & role media plays in shaping our communication - developing rewarding ideas. between appropriate and relationship online but not revealing inappropriate or unsafe private information. physical, and other, contact Know about and understand the importance of touch in a range of contexts · Know the difference between appropriate and inappropriate touches