



Parent COVID 19 Advice Fact Sheet

Main symptoms

The main symptoms of coronavirus are:

- a high temperature (over 37.8) - this means you feel hot to touch on your chest or back (you do always need to measure the temperature)
- a new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

You should only get tested if you have any one of these symptoms.

What to do if your child has symptoms?

Please DO NOT bring your child or their brothers and sisters to school if they develop one or more of these symptoms at home. You MUST stay at home. You **MUST** contact school to inform us. This can be done via the school office on 0151 709 1062 or by emailing schoolclosures@st-patricks.liverpool.sch.uk. If a positive result comes in over the weekend, then please email the above address.

Remember, DO NOT bring your child to school if they have one or more of these symptoms.

If your child develops symptoms at school, they will be moved to a room on their own, and you will be contacted straight away to come and pick them up immediately. If they have siblings in school, they will also be sent home.

Your child, and the people who live in your house must stay at home. **Your child should be tested.** To book a test ring 119 or go to <https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>

If the result is negative and they do not have COVID-19, then they can return to school and the family can leave the house. If the test result is positive, then they must self-isolate (stay at home) for 10 days from when the symptoms started. The other members in the house must stay at home for 14 days from when the symptoms started.

Things we can do to stop the spread of infection

- Minimise contact with individuals who are unwell
- Clean hands thoroughly more often than usual
- Good respiratory hygiene - Catch it, bin it, kill it which means sneeze or cough into a tissue, bin the tissue and wash or sanitise hands
- Maintain social distancing
- Washing hands and sanitising. (Children will do this as they leave and enter rooms.)
- Washing hands for 20 seconds

What happens if a person in your child's class tests positive?

If a person in your child's class tests positive, then the children in the class and their teachers will need to stay at home for 14 days, you will be notified of this via an email as soon as possible. The children are in class 'bubbles', which means they stay with their classmates and teachers within school. They are kept at a distance from other classes to maintain social distancing, and to minimise contact.

Email communication - We will be emailing out all future correspondences so PLEASE MAKE SURE THAT WE HAVE YOUR EMAIL ADDRESS. Or check the school website www.stpatricksliverpool.co.uk on the Parent section - letters