

PE Long Term Plan 2019-20

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Foundation Stage (Reception)</b>	Bicability + FMS (PLAY)	Fundamental MS FMS (PLAY)	Fundamental MSkills	Fundamental MSkills	Dance Coach Fundamental MSkills	Gymnastics Fundamental MSkills
<b>Year 1</b>	Dance Coach		Gymnastics		Athletics	
<b>Games element (Coaching session)</b>	FMS Fitness Dave	Mat Ball (team) * Fitness Dave	Basketball Mersey Mavericks Dave	Basketball Mersey Mavericks Dave	Football Coach Dave fitness	Short Tennis Coach Dave fitness
<b>Year 2</b>	Dance Coach		Gymnastics		Athletics	
<b>Games element (Coaching session)</b>	Basketball Mersey Mavericks Fitness Dave	Basketball - Mersey Mavericks Fitness Dave	Short Tennis Coach Dave fitness	Fitness and agility Dave	Fundamental movement skills Dave	Fundamental skills Dave
<b>Year 3</b>	Gymnastics	Dance Coach	Swimming		Athletics	
<b>Games element (Coaching session)</b>	Indoor Athletics COACH Fitness - Dave	Football Fitness Dave	Basketball Mersey Mavericks Dave fitness	Basketball Mersey Mavericks Dave fitness	Netball Coach Dave fitness	Rounders (Strike and Field) Coach Dave fitness
<b>Year 4</b>	Swimming		Gymnastics	Dance Coach	Athletics	
<b>Games element (Coaching session)</b>	Basketball Mersey Mavericks Fitness Dave	Basketball Mersey Mavericks Fitness Dave	Yoga Sue + Dave fitness	Badminton (Net and Wall) Dave fitness	Athletics Dave fitness	Kwik Cricket (Strike and Field) Dave fitness
<b>Year 5</b>	Gymnastics	Dance Coach	Swimming		Athletics	

Dave –5 hours FMS – FLEXIBITLIY SUE – YOGA, Lssp - dance PE

<b>Games element (Coaching session)</b>	Tag rugby COACH + Dave Fitness	Fitness DAVE	Yoga Sue + Dave fitness	Tennis (Net and Wall) Coach Cricket Coach Fitness Dave	Basketball Mersey Mavericks Dave fitness	Basketball Mersey Mavericks Dave fitness
<b>Year 6</b>	Swimming		Gymnastics		Athletics	Dance COACH
<b>Games element (Coaching session)</b>	Yoga Dave fitness Sue	Yoga Sue Dave fitness	Football - Coach	Rounders (Strike and Field) Fitness Dave	Basketball - Mersey Mavericks	Basketball - Mersey Mavericks