

Menu *Week 1*



MONDAY

Meat Free Monday

Main Meal

French Bread Vegetarian
Pizza

Vegetarian

French Bread Pizza

Vegetables & Other

Green Salad
Vegetable Cous Cous
Sweetcorn & Red Pepper
Coleslaw

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Iced Finger

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

TUESDAY

Main Meal

Oven Baked Sausage

Vegetarian

Vegetarian Sausage

Vegetables & Other

Mashed Potato
Carrots
Green Beans

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Fruit Topped Rice
Pudding

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

WEDNESDAY

Main Meal

Traditional Roast Dinner

Vegetarian

Vegetable Pasta Bake

Vegetables & Other

Fresh Seasonal
Vegetables
Roast Potatoes

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Flavoured Ice Cream

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

THURSDAY

Main Meal

Chinese Style Chicken
Curry

Vegetarian

Veggie Bean Burrito

Vegetables & Other

Pilau Rice
Broccoli
Sweetcorn

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Home baked Banana
Muffin

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

FRIDAY

Main Meal

Jumbo Fish Finger

Vegetarian

Cheese & Onion Pasty

Vegetables & Other

Mushy Peas
Baked Beans
Oven Baked Chips

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Italian Lemon Drizzle
Sponge

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

*Some of these
dishes include:*



Sustainably Sourced Fish



Red Tractor Farm Assured



Locally Produced/In Season



Free Farming

Menu Week 2



MONDAY

Main Meal

Flavoured Chicken Wraps

Vegetarian

Vegetable Tortilla Stack

Vegetables & Other

Savoury Rice
Garden Peas
Sweetcorn

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Oat & Raisin Cookie

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

TUESDAY

Main Meal

Scouse

Vegetarian

Vegetable Hot Pot

Vegetables & Other

Crusty Bread
Beetroot
Broccoli

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Chocolate Orange Cake

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

WEDNESDAY

Main Meal

Traditional Roast Dinner

Vegetarian

Cheese & Onion Pie

Vegetables & Other

Fresh Seasonal
Vegetables
Roast Potato

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Flavoured Ice Cream
Roll

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

THURSDAY

Main Meal

Indian Style Chicken
Curry

Vegetarian

Courgette Pasta Bake

Vegetables & Other

Garden Peas & Carrots
Boiled Rice & Naan
Bread

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Apple & Cinnamon
Crumble with Custard

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

FRIDAY

Main Meal

Crispy Battered Fish
Salmon Goujons

Vegetarian

Stuffed Potato Skins

Vegetables & Other

Mushy / Garden Peas
Baked Beans
Oven Baked Chips

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Fruity Flapjack

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

Some of these
dishes include:



Sustainably Sourced Fish



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Menu Week 3



MONDAY

Main Meal

All Day Breakfast
Sausage
Scrambled Egg

Vegetarian

Veggie sausage
Scrambled Egg

Vegetables & Other

Hash Brown
Baked Beans
Tomato & Mushrooms

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Banoffee Pancake

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

TUESDAY

Main Meal

Italian Pasta Bolognese

Vegetarian

Pasta Provençale

Vegetables & Other

Garden Peas
Carrots
Crusty Bread

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Baked Pear & Toffee
Sponge with Custard

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

WEDNESDAY

Main Meal

Traditional Roast Dinner

Vegetarian

Spanish Omelette

Vegetables & Other

Fresh Seasonal
Vegetables
Roast Potatoes

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Flavoured Ice Cream &
Topping

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

THURSDAY

Main Meal

Southern Style Baked
Chicken

Vegetarian

Cheese & Tomato Tart

Vegetables & Other

Green beans
Sweetcorn
Savoury Rice

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Homemade Spiced Apple
Muffin

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

FRIDAY

Main Meal

Fishy Friday

Vegetarian

Stuffed potato skins

Vegetables & Other

Mushy Peas
Baked Beans
Oven Chips

Daily Hot & Cold

Sandwich Selection
Jacket Potatoes with
cheese, beans or tuna

Dessert

Iced Pineapple Cake

Daily Extras

Yogurt
Raisin Pots
Fresh fruit
Fresh Fruit Pots
Fresh Sliced Bread

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dishes include:



Sustainably Sourced Fish



Red Tractor Farm Assured



Locally Produced/In Season



Free Farming